



**Big Brothers
Big Sisters.®**

OF NORTHEAST
WISCONSIN

Mentoring During a Pandemic

In response to COVID-19

Working together during this time is especially important
and we thank all of you for remaining flexible as we
all navigate through unprecedented times.

Thank You!

Our Commitment to YOU

Big Brothers Big Sisters of Northeast Wisconsin (BBBSNEW) takes the health and safety of its Bigs and Littles very seriously. During a pandemic, and while social distancing measures are in place, BBBSNEW reserves the right to modify its program scope, policies, and procedures to adapt to ever changing health and safety needs.

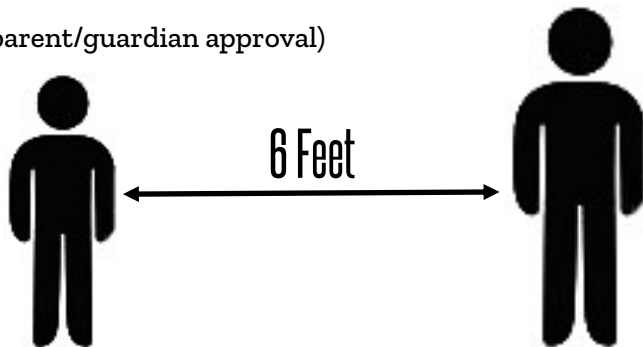
BBBSNEW will adhere to federal, state, and local guidelines set in place to help ensure the health and safety of all participants and staff during times of pandemic.

We follow CDC guidelines: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

How to Stay Connected while Social Distancing

Maintaining connection is critical to our health and well being, especially during challenging times. There are a number of ways to keep connected while practicing social distancing:

- Mail a Care Package
- Take a Virtual Tour online together
- Start a Book Club online
- Play Online Board Games
- Exchange Letters or Postcards
- Host a Netflix Movie Party
- Learn a new Craft or Skill together (remotely!)
- Use Zoom or Facetime to "meet" (with parent/guardian approval)
- Call, text or send an email
(with parent/guardian approval)



**BBBSNEW
BIG TOOL BOX**

Your Complete Resource For All Things Little

JOIN THE BIG TOOL BOX

If you're a Big with a Facebook account and haven't joined The Big Tool Box, please consider joining now.

During this crisis one of the best ways to stay up to date on BBBS daily news, weekly activities and community partnerships is the BIG Tool Box. Our Program Specialists will be updating the Tool Box to inform Bigs about how they can stay connected-remotely.

This is a "Private" Facebook page for Bigs of Big Brothers Big Sisters of Northeast Wisconsin only. Only BBBSNEW Bigs who are members of this page can see who's in the group and what they post.

To join, contact your Program Specialist to request to be added.

How to proceed as Safer-at-Home Orders are lifted

As Safer-at-Home orders are modified by federal/state/local health officials to include minimal in person contact, **match outings may resume only if all parties (Bigs/Littles/Parent/Guardians) agree to resume in person meetings.** As matches start to meet again, the following are suggestions to help keep you and your Little safe.

- We encourage no contact activities that take place outdoors – such as walking, biking, fishing, doing activities in your yard, going to a park, the zoo, etc.
- Wear a cloth mask during your outings
- Maintain social distancing especially when not wearing masks
- Use hand sanitizer often
- Wash hands before and after outings

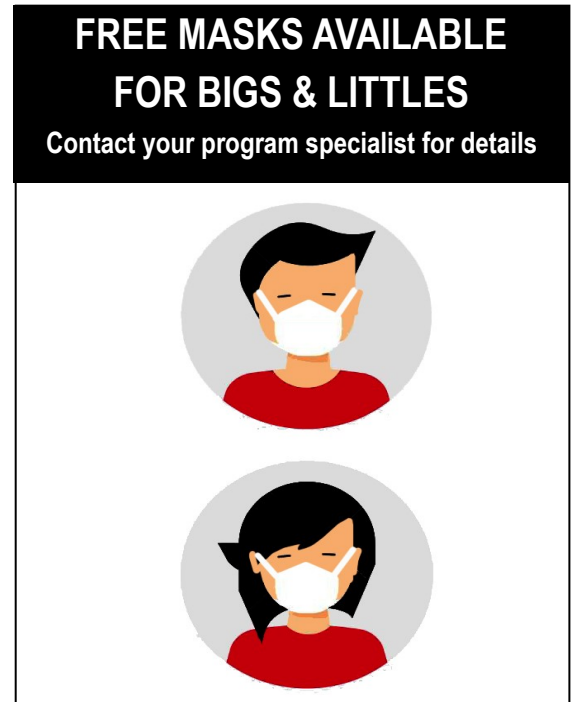
How to wear a cloth face covering

Cloth face coverings should:

- Fit snugly but comfortably against the side of the face
- Mask should cover both mouth and nose
- Be secured with ties or ear loops
- Include multiple layers of fabric
- Allow for breathing without restriction
- Be able to be laundered and machine dried without damage or change to shape

When removing your mask:

- Do not touch your eyes, nose and mouth when removing it
- Immediately wash your hands
- Don't put it where others can touch it or on counter tops or tables



How to properly wash your hands

- Use warm water
- Moisten hands and apply soap
- Rub hands together for 20 seconds
- Rinse thoroughly
- Dry hands thoroughly



When soap and water are not available:

- You can use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Apply the gel product to the palm of one hand Rub your hands together.
- Rub the gel over all the surfaces of your hands and fingers until your hands are dry. This should take around 20 seconds.

Transporting Littles to and from outings

When transporting your Little, the following are suggestions to help keep you both safe

- Wear masks while in the car (keep a mask to provide to your Little when you pick him up)
- Have your Little sit in the back seat opposite from the driver's seat
- Apply hand sanitizer before getting in the car
- Disinfect the areas in the car that are touched (wiping/spraying handles, dashboards, seatbelts, etc.)





NOTE: In person meetings are strictly prohibited when a Big/Little or a member of a Big or Little's household has been diagnosed in the past 14 days or show signs of COVID-19.

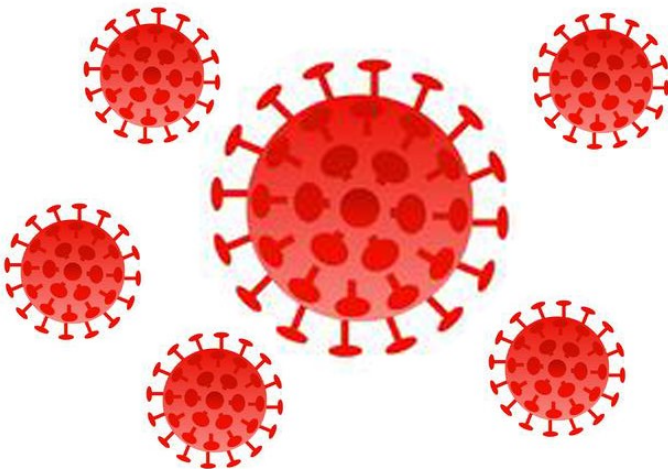
- BBBSNEW does not recommend resuming in person meetings with a participant who is considered to be part of a "vulnerable population" while social distancing measures are in place.
- In person meetings shall not take place if a Big/Little has any of the following symptoms:
 - fever, cough, shortness of breath
 - chills, muscle pain, headache
 - sore throat, loss of taste or smell, or
 - other signs of respiratory illness

Please visit the CDC website at:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

for further guidance if you are sick, or have been exposed or think you may have been exposed to COVID-19

IMPORTANT: If you or a family member are diagnosed with COVID-19



- Bigs and Parent/Guardians must notify BBBSNEW if they or members of their household have been diagnosed with COVID-19.
- Bigs and Parent/Guardians must also notify BBBSNEW if they have had any exposure to someone (family member, friend, coworker, etc.) diagnosed with COVID-19.
- Matches must wait 14 days after an exposure to COVID-19 to resume in person meetings and continue to follow all social distancing guidelines.

NOTE: Timeframes and conditions are subject to change based on current federal, state, and local government recommendations



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